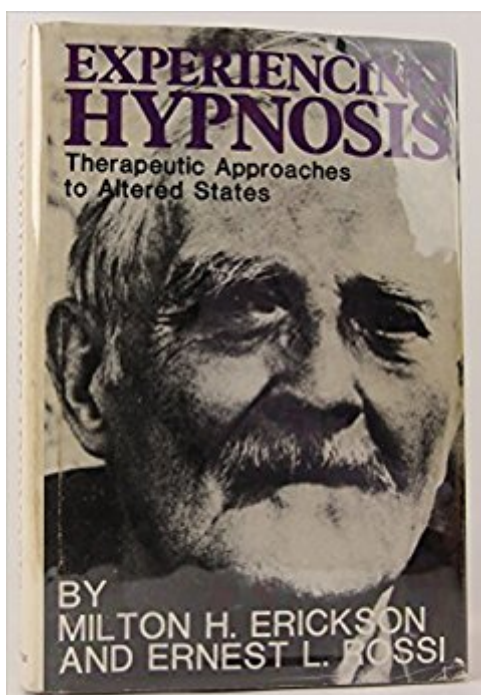


The book was found

# Experiencing Hypnosis: Therapeutic Approaches To Altered States



## Synopsis

The first section of this volume presents an historically important lecture on clinical hypnosis by the senior author wherein we witness his transition from the older authoritarian approach to hypnosis to the new permissive approaches, which he pioneered. The second and third sections of this volume focus on the phenomena of catalepsy and ideomotor signaling, two of the senior author's basic approaches to trance induction and hypnotherapy. The fourth section, dealing with the experiential learning of hypnosis, illustrates one of the senior author's favorite occupations in recent years: the training of professionals in the use of clinical hypnosis by allowing them to experience the process themselves.

## Book Information

Hardcover: 290 pages

Publisher: Irvington Pub; 1st edition (August 1981)

Language: English

ISBN-10: 0829002464

ISBN-13: 978-0829002461

Product Dimensions: 1.5 x 6.2 x 9 inches

Shipping Weight: 1.4 pounds

Average Customer Review: 4.5 out of 5 stars 6 customer reviews

Best Sellers Rank: #668,102 in Books (See Top 100 in Books) #53 in Books > Health, Fitness & Dieting > Alternative Medicine > Hypnotherapy #6085 in Books > Medical Books > Psychology > General #26151 in Books > Health, Fitness & Dieting > Psychology & Counseling

## Customer Reviews

The first section of this volume presents an historically important lecture on clinical hypnosis by the senior author wherein we witness his transition from the older authoritarian approach to hypnosis to the new permissive approaches, which he pioneered. The second and third sections of this volume focus on the phenomena of catalepsy and ideomotor signaling, two of the senior author's basic approaches to trance induction and hypnotherapy. The fourth section, dealing with the experiential learning of hypnosis, illustrates one of the senior author's favorite occupations in recent years: the training of professionals in the use of clinical hypnosis by allowing them to experience the process themselves.

Erickson's tactile techniques for inducing rapid trance are just not possible for me to learn from a

book. I suspect that these techniques need to be passed down from teacher to student first hand (pun intended). However, every hypnotist/hypnotherapist should be somewhat familiar with this master.

worth the read

Looking for similar books

Just stop for a moment, and imagine you could listen to the master hypnotist Milton H. Erickson give descriptions and examples of applying hypnosis for change. Wouldn't it be great? In these 1981 audio tapes, that is what you get. The details and examples that Erickson gives apply to the use of hypnosis in any context, and he says as much at the start of the seminar. The sound quality is typical for seminar audio tapes recorded then - monaural w/slight hollow sound and tape hiss, but clear and distinct. Now, like me, if you're interested in persuasion, sales, NLP, hypnosis, and communication you already know Milton H. Erickson's incredible reputation for inducing trance. Whether you want these tapes and book to help in you refine your skills, because you want to hear Erickson's voice for yourself, are a student of the craft, or simply want to add to your collection, you'll definitely want to pick these up.

Yes!. You must have this book if you really are a serious hypnotherapist. Let me tell you that this book, *Hypnotic Realities* and also *Hypnotherapy*, the 3 books by Erickson himself and Dr Rossi has already been translated into the Spanish language and they are NOW available in the Milton H Erickson Foundation. I translated the 3 books with the help of Dr Ernest L. Rossi himself. Compre estos libros, apoyando a la Fundaci3n y por favor evite su copia pirata. Es la palabra del Maestro mismo. Yo estoy seguro que los va a disfrutar. Luis David Guzm3n-Moreno, M.D., Ph.D. The Milton H Erickson Institute of San Luis Potosi, SLP, M3xico.

I have to admit, anything with or about Milton Erickson has my positive bias. That said, this was an outstanding book filled with information both educational and useful. I have personally used many of the inductions mentioned in the book and have adapted others as needed. I highly recommend this book to anyone, practitioner or interested "civilian."

[Download to continue reading...](#)

Experiencing Hypnosis: Therapeutic Approaches to Altered States Hypnosis: Medicine of the Mind:

Hypnosis: Medicine of the Mind - A Complete Manual on Hypnosis for the Beginner, Intermediate and Advanced Practitioner Self Hypnosis: The Ultimate Guide on How to Master Self Hypnosis, hypnotize:hypnosis Experiencing Choral Music, Beginning Unison 2-Part/3-Part, Student Edition (EXPERIENCING CHORAL MUSIC BEGINNING SE) Experiencing Business Organizations (Experiencing Series) Experiencing Remedies (Experiencing Series) Therapeutic Exercise (Therapeutic Exercise Moving Toward Function) Therapeutic Modalities in Rehabilitation, Fourth Edition (Therapeutic Modalities for Physical Therapists) Essentials of Pathophysiology: Concepts of Altered States Porth's Pathophysiology: Concepts of Altered Health States(Ninth Edition) Africa: Altered States, Ordinary Miracles Altered States: Buddhism and Psychedelic Spirituality in America Study Guide to accompany Porth's Pathophysiology: Concepts of Altered Health States Study Guide for Essentials of Pathophysiology: Concepts of Altered States Essentials of Pathophysiology: Concepts of Altered Health States Pathophysiology: Concepts of Altered Health States, 8th Edition Lippincott CoursePoint for Porth's Essentials of Pathophysiology: Concepts of Altered Health States Porth Pathophysiology: Concepts of Altered Health States Study Guide for Pathophysiology Concepts of Altered Health States Therapeutic Hypnosis With Children And Adolescents

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)